

ROCK YOUR SOCKS WITH US!

Wear mismatched and unique socks on World Down Syndrome Day, March 21, 2025.



#BEDRE
STØTTE
BEDRE
LIV



LIVET
MED
DOWNS

#ROCK
SOKKENE
2025

DAGSVERK FOR DOWN



World Down Syndrome Day was established by the United Nations in 2011 and is celebrated all over the world. The date 21.3 is not random—having Down syndrome means having three copies of chromosome 21. The day is celebrated, among other things, by wearing mismatched socks: Rock Your Socks! With different socks, you take a stand to promote diversity and break down prejudices.

In collaboration with Dagsverk for Down, Livet med Downs og Veslas Koffert